

# RUGBYSAFE CHECKLIST

All clubs, schools, colleges, universities and other rugby activity organisers, should work towards the following **10 Steps to Being RugbySafe**:

<b>1</b>	Have a <b>Club RugbySafe Lead</b> in place, who is in contact with the CB RugbySafe Lead.	
<b>2</b>	Take a club's RugbySafe responsibilities seriously and meet the Regulation 9 requirements	
<b>3</b>	Complete and regularly update the <b>RugbySafe &amp; Player Welfare GMS Page</b> .	
<b>4</b>	Complete and record a first aid specific risk assessment to determine the appropriate level first aid provision required for training, matches and other rugby activity.	
<b>5</b>	Complete and share a <b>Medical Emergency Action Plan</b> .	
<b>6</b>	Ensure suitable First Aid and/or Immediate Care <b>provision, facilities and equipment</b> are in place for all Training & Matches.	
<b>7</b>	Integrate <b>Activate</b> into all training sessions and match preparations.	
<b>8</b>	Have procedures in place for the <b>recording and reporting</b> of injuries and incidents and know what an RFU Reportable Event is.	
<b>9</b>	Have a process in place for coaches, referees, players and parents to complete the <b>HEADCASE</b> concussion online module.	
<b>10</b>	Create a <b>kinder culture and promote positive wellbeing</b> within the club.	