



Welcome to the November RugbySafe Newsletter

This month's Newsletter takes us up to the end of 2023 and the first half of the 23/24 season. We hope you have had a great few months of rugby activity in your community!

In this issue we will be looking at the roles of club and CB RugbySafe Leads and how they work together to provide RugbySafe initiatives in your local clubs and communities.

Coming up in 2024:

- Howdens Risk Assessment tool
- Proactive Concussion Tracking
- HEADCASE e-learning module

Toolkit Spotlight

01. [Being RugbySafe](#)

The first toolkit in the RugbySafe series, and for good reason! This toolkit contains important information on what it means to be RugbySafe and outlines responsibilities of clubs to enable them to provide a safe and enjoyable playing environment.

It is important to recognise that the guidance contained in the toolkit must be considered as best practice that clubs should aim to implement it whenever possible.

RugbySafe Roles and Responsibilities

The CB RugbySafe Lead is an individual (or a team of individuals) within the CB who lead on improving Regulation 9 (Player Safety) standards, promoting awareness and good practice of other player welfare initiatives.

Their responsibilities include:

- Being a **RugbySafe Champion**. Inspiring and engaging club RugbySafe Leads and other volunteers to increase awareness of everyone's responsibility in supporting player welfare.
- **Club Support**

- **Local Planning and Initiatives**
- **First Aid / Immediate Care Pitch-side Provision**
- **Training**
- **Reporting**

The Club RugbySafe Lead role should be an essential part of a club's volunteer structure. With the support from all sections of the club, the Club RugbySafe Lead will be an individual (or a team of individuals) who leads on improving Regulation 9 (Player Safety) standards and promoting awareness and good practice of other player welfare initiatives.

Their responsibilities include:

- Acting as a **RugbySafe Champion**, utilising the RFU's RugbySafe resources and guidelines to work with other key personnel (e.g. CB RugbySafe Lead, club coaches and volunteers) to promote best practice in your club.
- **First Aid Risk Assessment and First Aid/Immediate Care (FA/IC) Pitch-side Provision**
- **RugbySafe and FA/IC Provision Management**
- **Training & Equipment**
- **Medical Emergency Action Plan**
- **Reporting**

FOR MORE DETAILED INFORMATION ON BOTH THE CB & CLUB RUGBYSAFE LEAD ROLES PLEASE FIND THE ROLE DESCRIPTORS IN THE BEING RUGBYSAFE TOOLKIT.

***** WE WANT TO HEAR FROM YOU! *****

We know that you are hard at work within your rugby clubs and communities leading on initiatives to support RugbySafe and Player Welfare for your local area.

What we want to know is what this work looks like and we want an opportunity to celebrate your successes!

If you are involved in a local initiative to support Player Welfare or RugbySafe programmes, please contact your CB RugbySafe Lead and share your story. Good news that is shared may well find the individual/club involved receiving a RugbySafe bundle and having their story shared in future newsletters!

Emergency First Aid in Rugby Union (EFARU) Course Voucher Scheme

The EFARU is the RFU's own emergency first aid course and is the equivalent of the level 3 Emergency First Aid at Work qualification. Completion of the course enables an individual to provide pitch-side emergency first aid.

To support clubs in providing appropriate levels of first aid provision at every training session and match in line with Regulation 9 (Player Safety) Standards the RFU have provided CBs with free place vouchers for the EFARU course.

These EFARU vouchers are open to all clubs and are accessible by contacting your CB RugbySafe Lead to discuss your needs.

To be eligible for any EFARU free places, your club MUST have a RugbySafe Lead listed and have declared that you have completed a First aid Risk Assessment for the season on GMS (your CB RSL will be able to check these via their monthly GMS report).

If you have any issues with accessing the EFARU course please get in touch via Community Rugby Help: <https://help.rfu.com/support/home>

RugbySafe social media channels

Keep up to date with all things RugbySafe:

- On Twitter @RugbySafe
- On RugbySafe Facebook [here](#)
- On Instagram @RugbySafe
- On Threads @RugbySafe

Club Support Hub & other support resources

Are you new to the RugbySafe team? If you haven't done already, make contact with your CB RugbySafe Lead, they are there to support you and work with you on all things RugbySafe!

As a Club RugbySafe Lead, your first port of call for any questions should be the [RugbySafe Toolkits](#) or your CB RugbySafe Lead.

However, England Rugby also has the [Help Portal](#), an online hub to help clubs access support quickly and easily.