

# MINIMUM OPERATING STANDARDS: FIRST AID/IMMEDIATE CARE PROVISION FOR RUGBY UNION MATCHES AND TRAINING



Below are the recommended MINIMUM levels of cover and the actual provision MUST be based on a formal RISK ASSESSMENT, especially for festivals.

Type of Training	Minimum Level of Cover
Non-Contact	Emergency First Aider
Contact (any session where >50% involves full contact, and any session with live scrummaging)	As for match cover (see below)

Level/Event	Immediate Care Practitioner	First Aid Trained Therapist/HCP	Emergency First Aider
<b>Adult Men</b>			
Level 3 & 4 (1st XV)	1 per team		
Level 5 - 7 (1st XV)		1 per venue	1 per team
Level 8 & below			1 per team + 1 venue First Aider
2nd and Lower XVs <i>*see note 3 below</i>			1 per team
FE and HE establishments outside club leagues			1 per team + 1 venue First Aider
7s/10s Tournament/Festival <i>*see notes 6 &amp; 7 below</i>	1 per venue		1 per team
Touch/Tag			1 per pitch
<b>Adult Women</b>			
Premiership/Championship/ Divisions	1 per team		
Leagues, 2nd and Lower XVs			1 per team
FE and HE establishments outside club leagues			1 per team + 1 venue First Aider
7s/10s Tournament/Festival <i>*see notes 6 &amp; 7 below</i>	1 per venue		1 per team
Touch/Tag			1 per pitch

April 2019

Teamwork Respect Enjoyment Discipline Sportsmanship

Level/Event	Immediate Care Practitioner	First Aid Trained Therapist/HCP	Emergency First Aider
<b>Age Grade Rugby</b>			
Club/FE College/School U18			1 per team+ 1 venue First Aider
Club/School U14 - U16			1 per team+ 1 venue First Aider
Club/School U7 - U13			1 per team+ 1 venue First Aider
7s/10s Tournament/Festival <i>*see note 6 &amp; 7</i>	1 per venue		1 per team
Tag/Touch			1 per venue
Other Tournament/Festival <i>*see note 6 &amp; 7</i>	1 per venue		1 per team
<b>Representative - CB/County/Division</b>			
Adult	1 per team		1 per team
U18	1 per team		1 per team
U16	1 per team		1 per team
U15 and below		1 per team	
England Rugby DPP (Matches only)	1 per team		

### Notes:

1. Where matches or training are on more than one site then each site will require the appropriate level of cover.
2. Where the guidelines indicate that a venue First Aider may cover more than one pitch, Emergency First Aiders provide pitch side cover, with the venue First Aider available and easily contactable by radio or mobile telephone.
3. Club 2<sup>nd</sup> XV's to adopt minimum criteria of 2 League Levels below their 1st XV. Club 3rd and subsequent XV's adopt one level lower respectively
4. Schools, FE Colleges and Universities have their own regulations provided by local/national Government, which they must comply with if it is of a higher level.
5. Additional standards may be applicable to some schools, this should inform their risk assessment and thus their level of provision.
6. Tournaments and festivals should have a dedicated First Aid Room or Tent.
7. Where "1 per venue" is listed, this role is in an overseeing capacity (i.e. covering the whole event) and should not be attached to a specific team.