

BEING A RUGBYSAFE

SCHOOL/COLLEGE CHECKLIST



School/College Name:	
RugbySafe Lead/Main Contact:	

Action	Date	Initials
Annual first aid specific risk assessment completed and linked to whole school risk mitigation procedures as appropriate.		
Appropriate pitch-side first aid/immediate care provision in place for all training and games (in line with RFU recommended minimum operating standards), including adequate cover for any absences.		
All appointed first aiders/immediate care practitioners are appropriately qualified (based on RFU guidelines) and undertake recertification in accordance with their qualification.		
All Health Care Professionals have been checked, including qualification, regulating body accreditation and appropriate insurance.		
Appropriate first aid equipment provided to all first aiders (in line with RFU recommended minimum operating standards).		
A process is in place to regularly checking first aid facilities, equipment and restocking first aid kits.		
Medical Emergency Action Plan completed and communicated with relevant staff and other appropriate individuals.		
A process is in place for the recording incidents/injuries and the procedure for reporting RFU reportable events is understood.		
A process is in place to collect and safely store players' medical history, contact and next of kin details and medical consent (if appropriate).		
All coaches have the appropriate qualifications and training relevant to the level of rugby they are coaching (based on RFU guidelines). Training and CPD calendar in place.		
Appropriate Return to Play programmes are initiated following a suspected concussion and all relevant personnel e.g. teachers, parents etc. are made aware.		
All teachers, coaches, referees and relevant staff involved in rugby have completed the Teacher HEADCASE Concussion Awareness Module.		
A process for players in contact rugby to completed the Players HEADCASE Concussion Awareness Module or watch HEADCASE animation for younger players.		
Rugby parents are signposted to HEADCASE website and encouraged to complete the HEADCASE Concussion Awareness Module.		



Action	Date	Initials
Communication with parents to provide key information on procedures, expectations and their role in supporting player welfare.		
The Activate – Injury Prevention Exercise Programme is promoted amongst teachers, coaches and players where appropriate.		
Audit players playing in multiple environments e.g. clubs, DPP, County and other sports (where appropriate). A plan in place to manage the playing programme and communication with relevant groups (e.g. clubs and academies coaches).		
Injury surveillance and injury recording program in place. To track injuries, assess recovery and return players back to play. Provide data as part of RFU Injury Surveillance Programme (where appropriate).		